



YOUR CHILD HAS LICE- WHAT NEXT?

(Recommendations: Courtesy of Nitpicking in Nola)



Combing is ESSENTIAL & is THE single most effective method to remove bugs & nits.

Use the **Nit Free Terminator** comb
(Dad's Club Amazon Link)

<http://www.lfno.org/support-us/>

TREATMENT: There are many treatment methods, including chemicals, prescription, over the counter, & non toxic

Pick a treatment method & follow the directions.

HOW TO DETECT & REMOVE BUGS & NITS

WET hair

Apply CONDITIONER. Do not rinse out

COMB small SECTIONS of wet, conditioned hair, starting underneath (Use Nit Free Terminator Comb.) Wipe comb after each pass.

COMB again **EVERY DAY** for **10 DAYS**
(to catch all that was missed the first time)

CHECK all **FAMILY MEMBERS** using same procedure.

HOW TO PREVENT REINFESTATION

(Recommendations: Courtesy of Nitpicking in Nola)

WASH bedding & clothes used within last 48 hours.

DRY on **HIGH HEAT** for at least 20 minutes.

Place **stuffed animals, lovies, and pillows** in the dryer on **HIGH HEAT** for at least 20 minutes.

FREEZE hair brushes, hats and accessories in a plastic bag for at least 4 hours.

VACUUM/spray sofas, chairs, car seats where child has been in last 48 hours, including treatment area.

NOTIFY the nurse that you discovered lice so she can screen/notify class. kcoleman@lfno.org, pleblanc@lfno.org

INFORM parents of children that your child has come in contact with to check their children

COMB again **EVERY DAY** for **10 DAYS**

COMB wet, conditioned hair once a week, even if no sign of infestation. This helps catch early & prevent spreading.

Recommendations compiled from:

CDC, American Academy of Pediatrics & The National Pediculosis Association.

Les Poux Patrol

We're parents, here to support you detect, treat, & prevent lice in your family.

Community Support Contacts

Janeen Holley -504.812.6535
Caroline Scholl – 504.559.8076
Corey Harrel–504.944.9457
Joanna Maynard– 985.805.1292
Leanne Steen – 469.441.1215
Claudia Elliott – 504.296.0210
Rachel Meese – 504.940.7870
Lilly Schmidt – 504.616.3889
Bella Bedortha-504.909.8881
Sarah Miller – 980.297.1207
Amy George-Hirons 504.717.7276
Lisa Soto – 818.635.3690
Melisa Rey 504.458.5269
Cori Martin-corideroche@gmail.com

Or...Call a Professional

(for a fee, of course)

DETECTION TREATMENT

NITPICKING IN NOLA

(504) 258-6091

CRITTER CURE

(504) 598-6084

LICE DOCTORS

(504) 521-7573