

Student Menu

Virtual & On-Site Learners

BREAKFAST 1

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 1

Hot Dog on a whole grain bun, Steamed Corn, Carrots, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 2

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 2

Red Beans & Brown Rice w/ Chicken, Southern Greens, Cornbread, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 3

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 3

Chicken Jambalaya with Brown Rice and Veg, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 4

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 4

Turkey Chili with Beans & Veg, Cornbread, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 5

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 5

Mac n Cheese with Turkey & Broccoli (Whole Wheat Pasta), Carrots, Fresh Whole Fruit, 1% or Skim Milk



BREAKFAST 1

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 1

Chicken Caesar Wrap - Whole Wheat Tortilla, Romaine & Caesar Dressing, Celery Sticks, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 2

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 2

Turkey Burger on Whole Wheat Bun with Sweet Potato Fries, Cucumber Slices, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 3

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 3

Red Beans & Brown Rice w/ Chicken, Southern Greens, Cornbread, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 4

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 4

Jerk Chicken with Seasoned Brown Rice, Black Beans, Fresh Whole Fruit, 1% or Skim Milk

BREAKFAST 5

Cereal, Grahams, Fresh Whole Fruit, 1% or Skim Milk

LUNCH 5

Chicken Teriyaki with Vegetable Brown Fried Rice, Fresh Whole Fruit, 1% or Skim Milk



This institution is an equal
opportunity provider

GENUINE
Foods