

March 2021

Mississippi Delta Region - NOLA Menu



LUNCH				
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<p>1</p> <p>Jerk Chicken Brown Rice Lemony Broccoli Assorted Fruit Skim/1% Milk</p>	<p>2</p> <p>Cheesy Turkey Baked Ziti Steamed Corn Assorted Fruit Skim/1% Milk</p>	<p>3</p> <p>Chicken Ranch Wrap Carrot Sticks Assorted Fruit Skim/1% Milk</p>	<p>4</p> <p>Chicken Fajita Bowl Brown Rice Aromatic Beans Assorted Fruit Skim/1% Milk</p>	<p>5</p> <p>BBQ Chicken Sandwich Stir-Fried Green Beans Assorted Fruit Skim/1% Milk</p>
<p>8</p> <p>Chicken & Okra Gumbo Brown Rice Grilled Cheese Assorted Fruit Skim/1% Milk</p>	<p>9</p> <p>Chicken Broccoli Casserole Roasted Sweet Potato Wedges Assorted Fruit Skim/1% Milk</p>	<p>10</p> <p>Chicken Tenders WG Dinner Roll Aromatic Beans Assorted Fruit Skim/1% Milk</p>	<p>11</p> <p>Spaghetti with Meatballs Steamed Corn Assorted Fruit Skim/1% Milk</p>	<p>12</p> <p>Focaccia Pizza (Cheese or Veggie or Pepperoni) Lemony Broccoli Assorted Fruit Skim/1% Milk</p>
<p>15</p> <p>Cheesy Turkey Baked Ziti Steamed Corn Assorted Fruit Skim/1% Milk</p>	<p>16</p> <p>Turkey Chef Salad with Lettuce, Tomato, Cucumbers, Hardboiled Egg Genuine Salad Dressing (1 oz) Assorted Fruit Skim/1% Milk</p>	<p>17</p> <p>Chicken Fajita Bowl Brown Rice Aromatic Beans Assorted Fruit Skim/1% Milk</p>	<p>18</p> <p>Turkey Meatloaf Stir-Fried Green Beans Garlic Bread Assorted Fruit Skim/1% Milk</p>	<p>19</p> <p>Jerk Chicken Red Rice Lemony Broccoli Assorted Fruit Skim/1% Milk</p>
<p>22</p> <p>Red Beans & Rice with Andouille Sausage & Chicken Brown Rice Assorted Fruit Skim/1% Milk</p>	<p>23</p> <p>Chicken Tenders WG Dinner Roll Moroccan Carrots Assorted Fruit Skim/1% Milk</p>	<p>24</p> <p>Spaghetti with Meatballs Steamed Corn Assorted Fruit Skim/1% Milk</p>	<p>25</p> <p>Focaccia Pizza (Cheese or Veggie or Pepperoni) Lemony Broccoli Assorted Fruit Skim/1% Milk</p>	<p>26</p> <p>Chicken Spinach Quesadilla Stir-Fried Green Beans Assorted Fruit Skim/1% Milk</p>
<p>29</p> <p>Chicken Broccoli Casserole Steamed Corn (1/2 cup) Assorted Fruit Skim/1% Milk</p>	<p>30</p> <p>BBQ Chicken Sandwich Stir-Fried Green Beans Assorted Fruit Skim/1% Milk</p>	<p>31</p> <p>Chicken Ranch Wrap Carrot Sticks Assorted Fruit Skim/1% Milk</p>		

This institution is an equal opportunity provider.

Note: Menu subject to change